

***Tutorial:  
Macramé Pendant  
“Rustic Lace”***



*Designed by Marta Andrusenko*

*M<sup>ART</sup>a Jewelry*

*specially for*

*John Bead*  
ESTABLISHED 1954

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### ***Materials for 1 pendant:***

- **Nylon/polyester cord of 1 mm** (172.5" = 438.5 cm in total)
- **Size 0.6-1 cm closed/split ring** (1 pc)
- **Size 5-6 mm bead** (1 pc with a 2+ mm hole)
- **Size 8/0 Toho/Miyuki beads** (16 pcs)
- **Size 6/0 Toho/Miyuki beads** (8 pcs)
- Also, you might need more cord, beads, a clasp (for a necklace); earwires (for earrings); a spring hook (for a keychain)

#### ***Tools:***

- Scissors
- Pins (sewing pins/T-pins)
- Macramé board
- Ruler (sewing meter ruler)
- Fabric glue or lighter (not necessary)





For optimal knotting, use a macramé board. If you don't have one, improvise by attaching cardboard to a pillow or firm foam rubber for a stable work surface.

To prevent fraying of the pendant edges (especially if you choose a variation without a tassel), you should use fabric glue. Additionally, applying a small amount of fabric glue to the cord ends will help prevent fraying and make it easier to string beads.

Use pins to secure your project to the board and prevent skewing or dangling. Add more pins for extra stability.

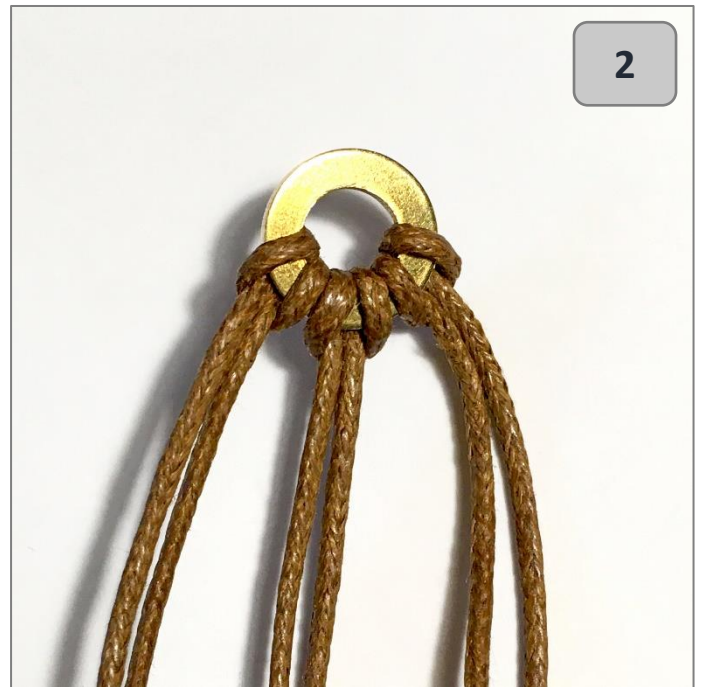
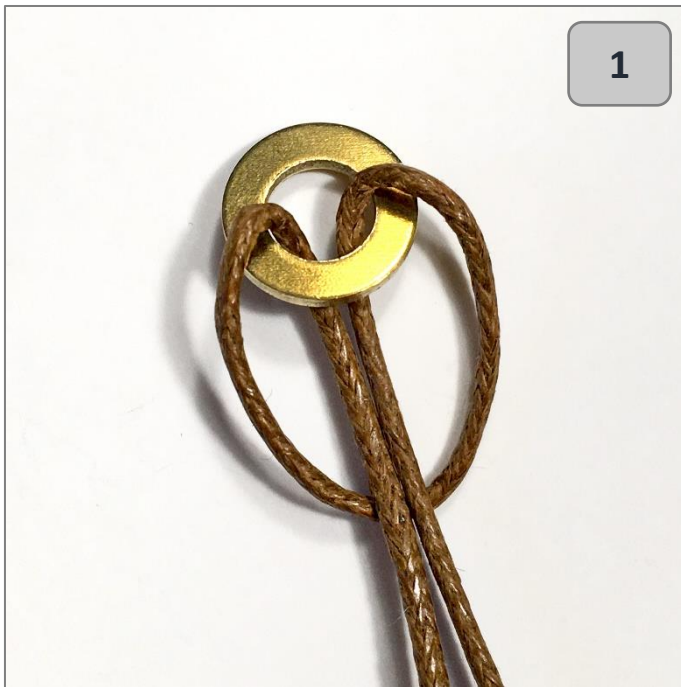
To ensure the beads fit the 1 mm cord, choose seed beads with holes at least 1 mm in diameter. The central bead should have at least a 2 mm hole to accommodate two cords.

**For better understanding, I will mark working cords with red ● dots, and holding cords with green dots ●. I cut a little longer cords for easier work.**

*In this tutorial, I'll show you how to make the macramé pendant "Rustic Lace". Let's start! Cut 3 cords, each one of them – 28.5 inches (72.5 cm).*

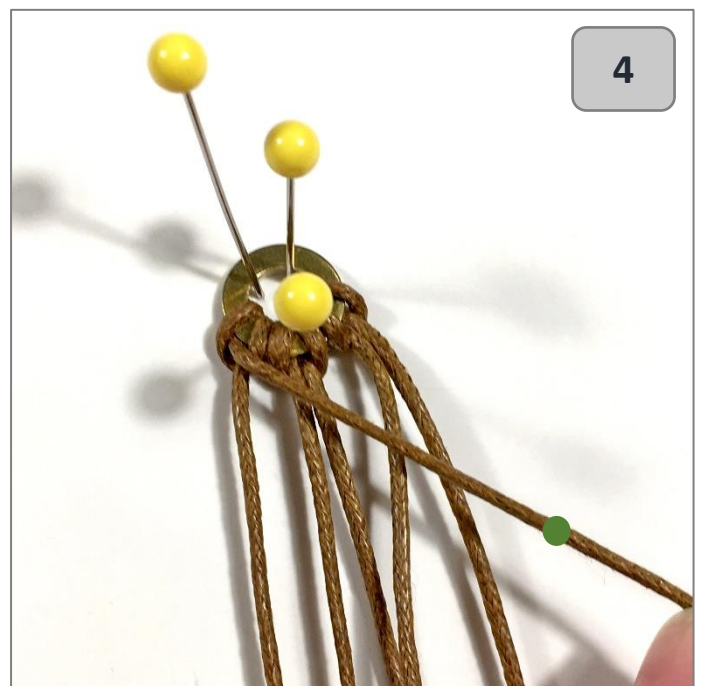
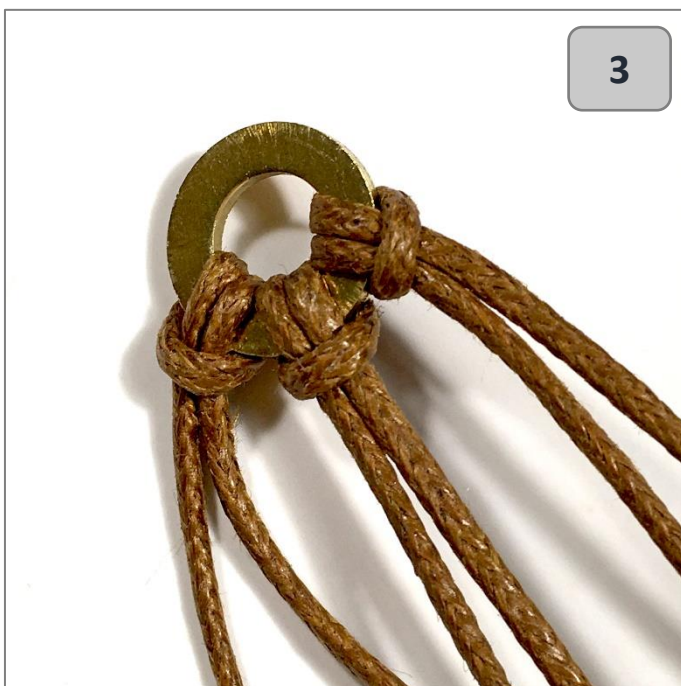
Take a closed or split ring (size 6 mm – 1 cm). Fold the first cord in half and attach it with a Reverse Larks Head knot as pictured (pic. 1).

Attach other 2 cords to the ring in the same way (pic. 2).



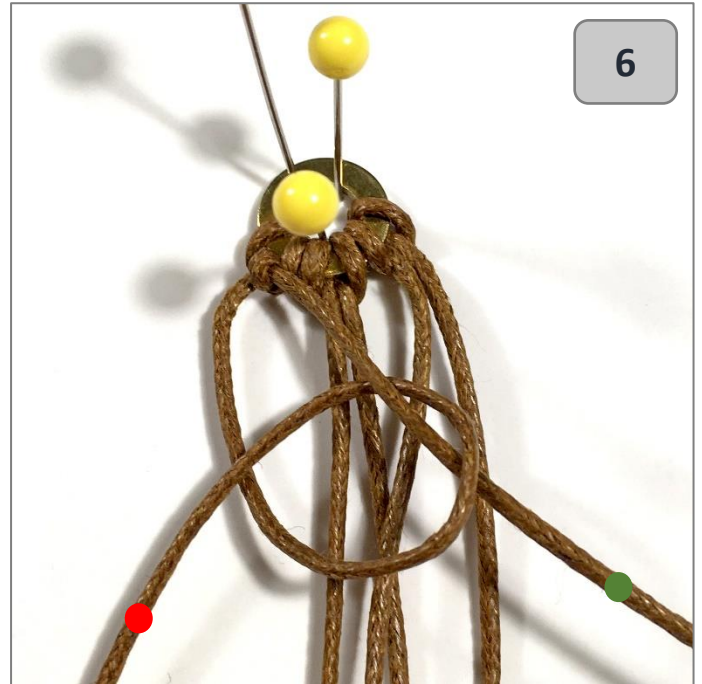
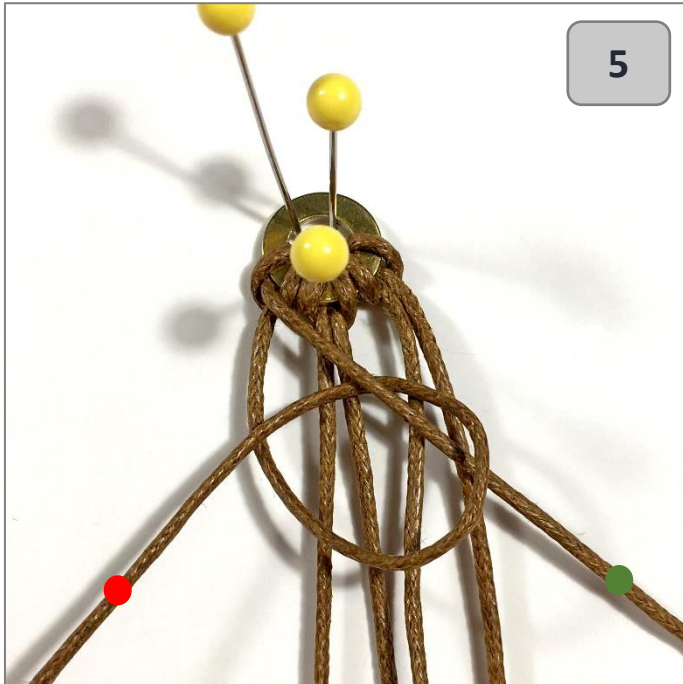
The backside will look like this (pic. 3).

Then take the first holding cord (it is marked with a green dot) (pic. 4).



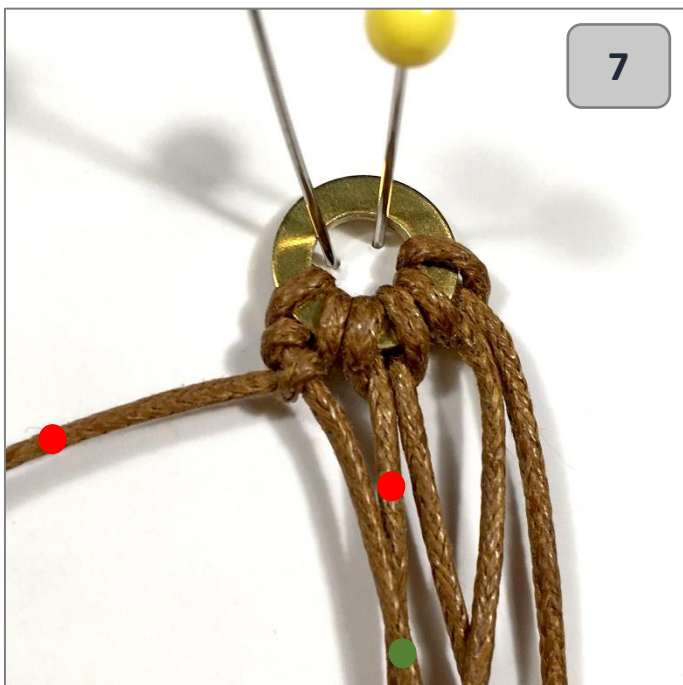


Take the working cord (it is marked with a red dot) and make the first Double Half Hitch knot (pic. 5, 6).



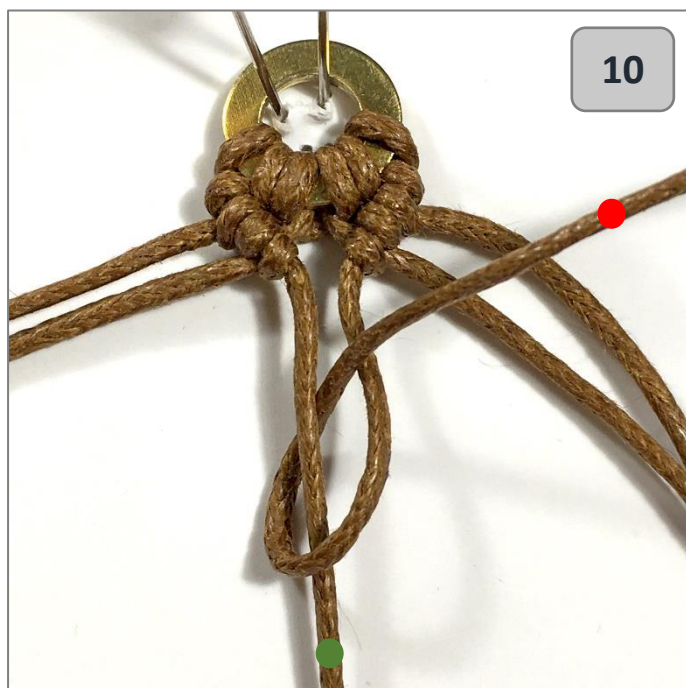
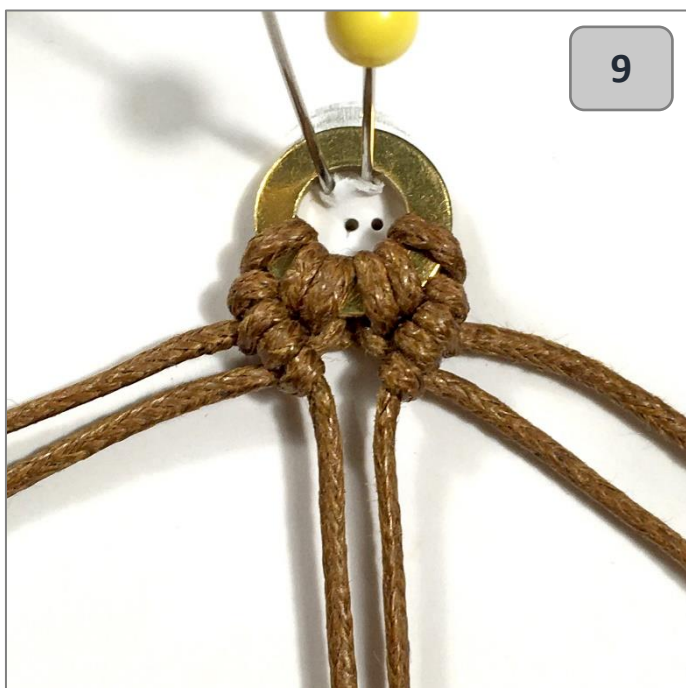
Your knot should look like this one (pic. 7).

Make 1 more Double Half Hitch knots using the next working cord as pictured (pic. 8).



Make 2 Double Half Hitch knots from the right side too (pic. 9).

Then connect two rows with a Reverse Double Half Hitch knot. (This knot is used in friendship bracelets. Also, it can be known as a Backward or Forward Knot). Here I show how to make it (pic. 10, 11).



Your knot should look like this one (pic. 12).

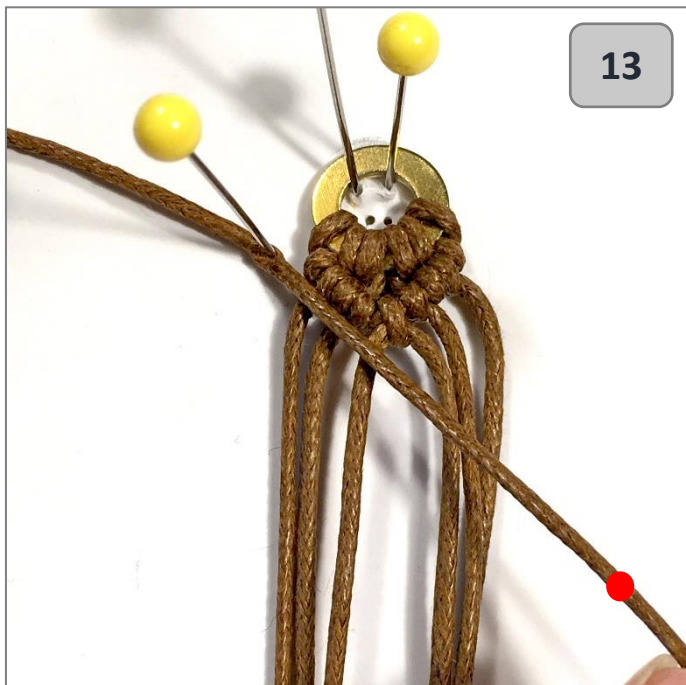




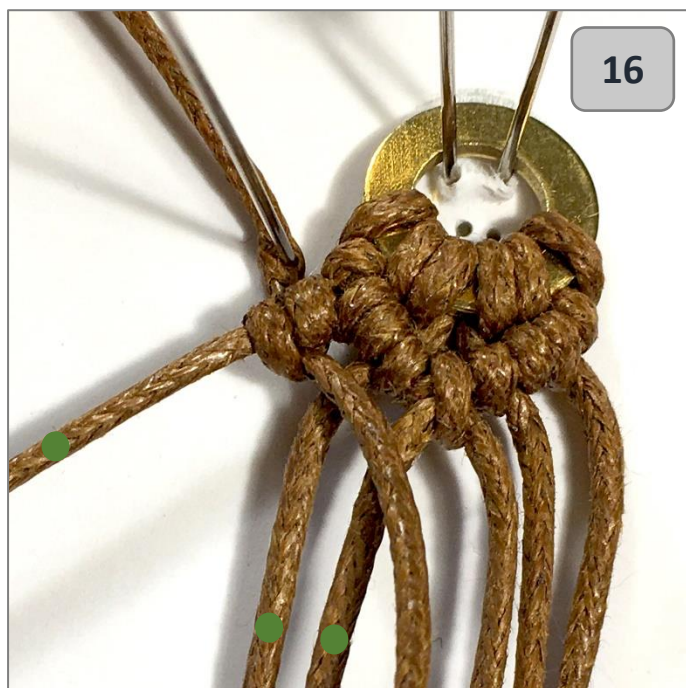
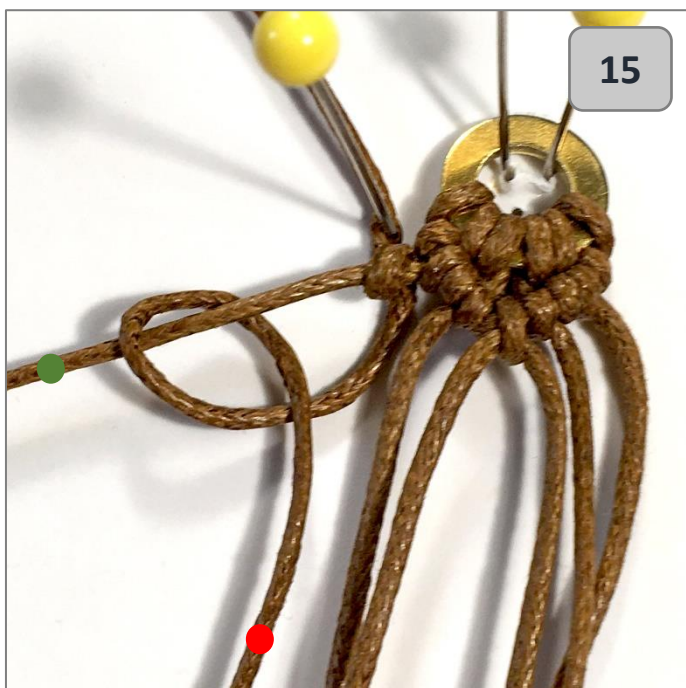
**Cut 2 cords, each one of them - 43.5 inches (110.5 cm).**

Take one cord, fold the cord in half and pierce a pin straight through the folded center of the cord (so each half of the cord will be 21.75"). Secure the pinned cord firmly to your macramé board, as shown in the picture (pic. 13).

Then make a Double Half Hitch knot using the working cord (pic. 14, 15, 16).

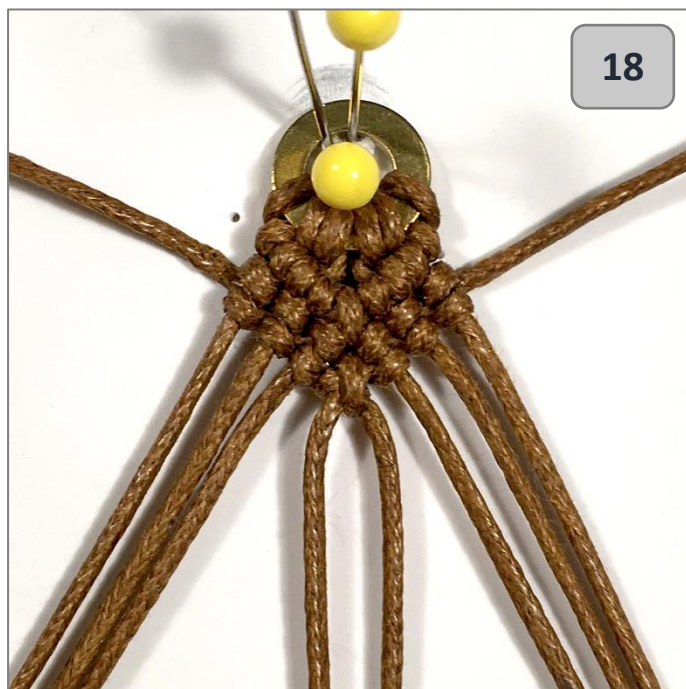


Your Double Half Hitch knot should look like this one (pic. 16).



Continue making Double Half Hitch knots with that working cord. Your row of 3 knots should look like this one (pic. 17).

Take second cord, fold the cord in half and pierce a pin straight through the folded center of the cord (so each half of the cord will be 21.75"). Secure the pinned cord firmly to your macramé board. And make 3 Double Half Hitch knots from the right side too and 1 Reverse Double Half Hitch knot at the center as pictured (pic. 18).



Take the marked holding cord (pic. 19).

Make 2 Double Half Hitch knots with the working cords. Your 2 knots should look like these ones (pic. 20).





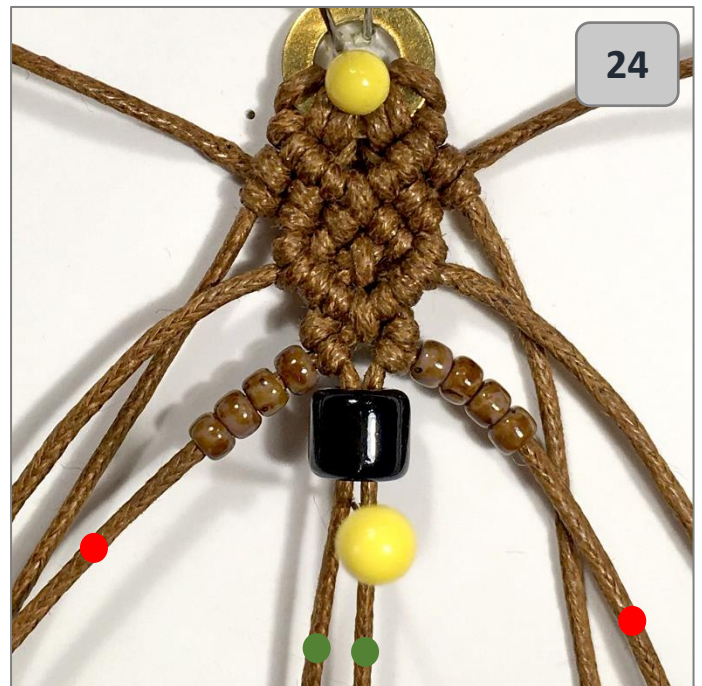
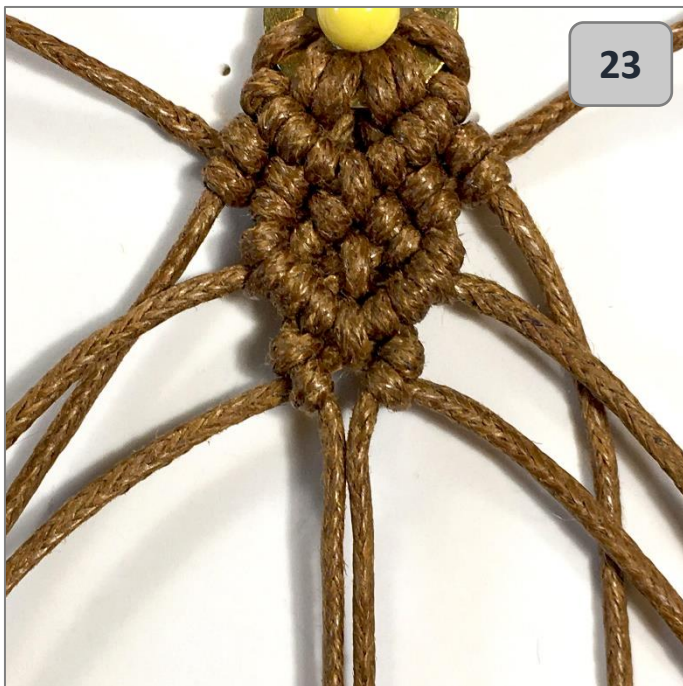
Make 2 Double Half Hitch knots from the right side too. Then connect the rows with a Reverse Double Half Hitch knot at the center (pic. 21).

Then take the marked holding cords (pic. 22).



Make 1 Double Half Hitch knot from each side (pic. 23).

String beads: 4 seed beads (size 8/0 Toho/Miyuki beads) onto the cords from both sides, 1 Preciosa bead (size 5 mm) onto the 2 central cords as pictured (pic. 24).





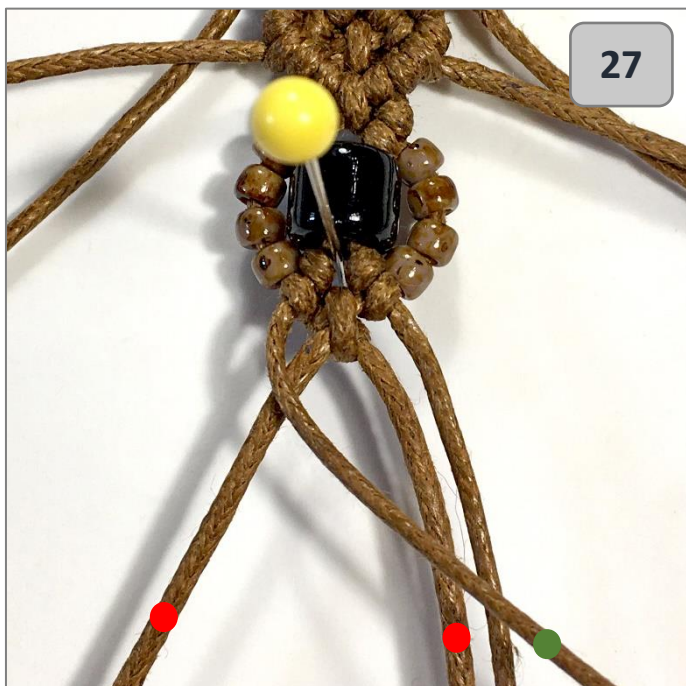
Make 1 Double Half Hitch knot from each side using marked cords (pic. 25).  
Then connect those knots with a Reverse Double Half Hitch knot at the center (pic. 26).

Don't forget that pins are your secret weapon for maintaining symmetry! Use them to secure your cords to the macramé board (at mirrored points).



Take the marked holding cords (pic. 27).

Make a Double Half Hitch knot from both sides and a Reverse Double Half Hitch knot at the center (pic. 28).

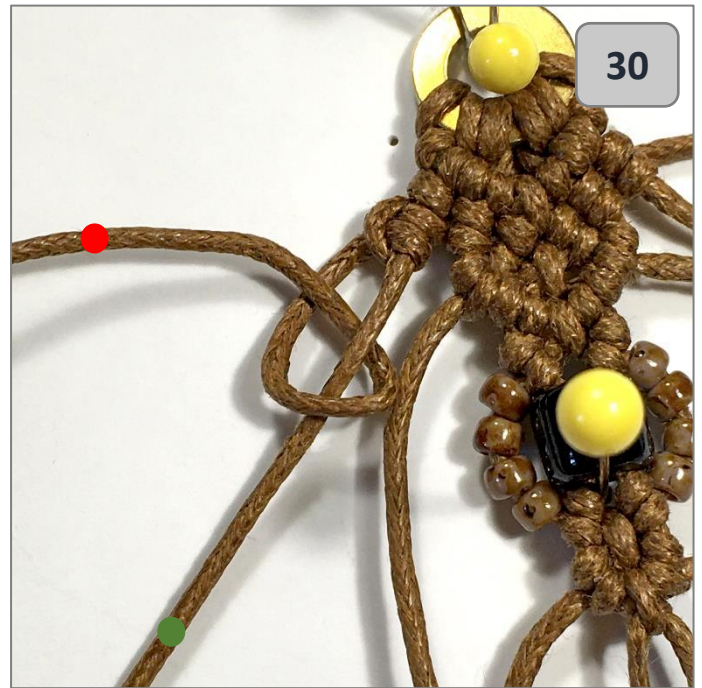




Let's start making the "lace".

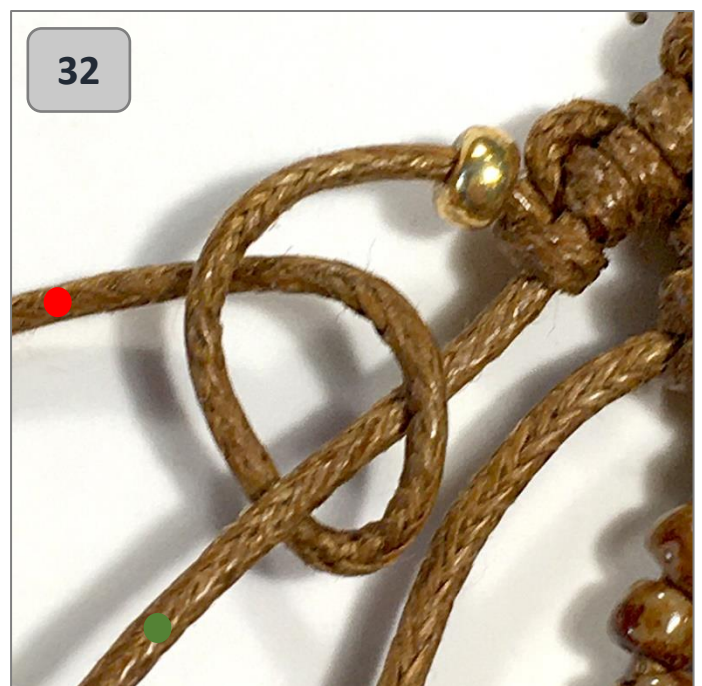
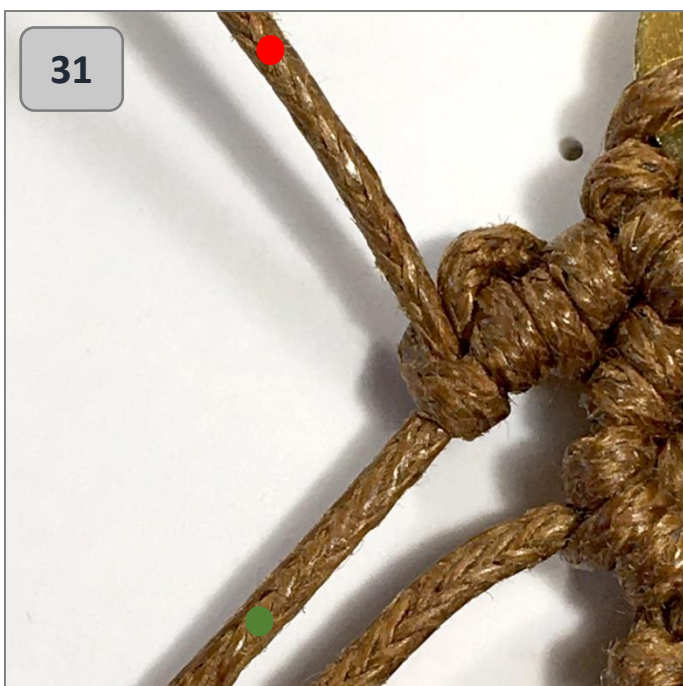
Take the marked working cord. Start a Reverse Larks Head knot by making a clockwise loop with the working cord, passing under-over the holding cord. As you pull it, pass under the working cord to complete the loop (pic. 29). Tighten firmly (pic. 30).

Complete the Reverse Larks Head knot by making a second loop, passing the working cord over-under the holding cord. As you pull it, pass over the working cord to complete the loop (pic. 30). Tighten firmly (pic. 31).



Your knot should look like this one (pic. 31).

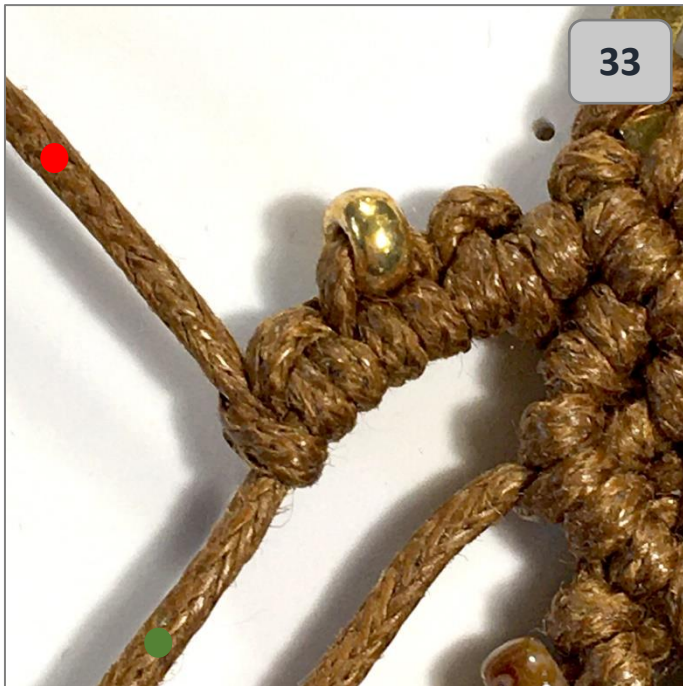
String 1 bead (size 8/0) onto the working cord and make 2 more Reverse Larks Head knots with the working cord (pic. 32, 33).



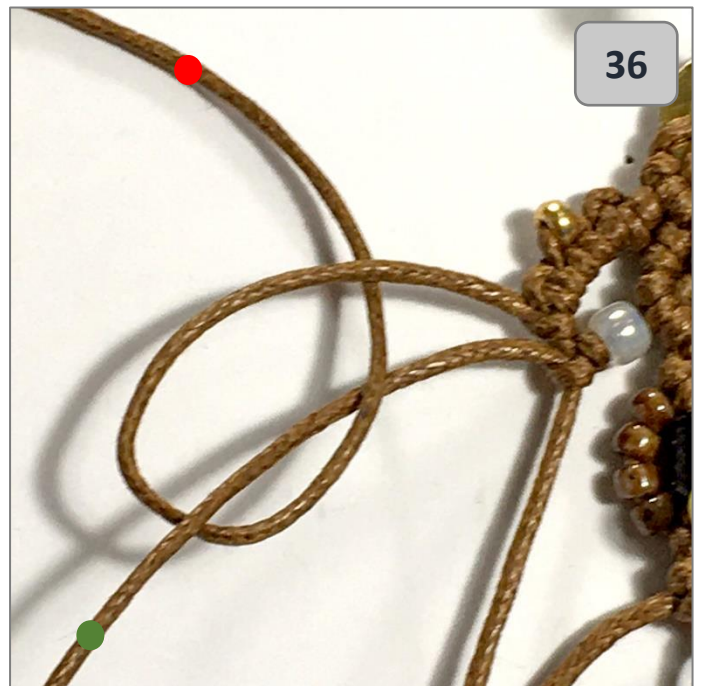


Your first small “arc” should look like this one (pic. 33).

String 1 bead (size 6/0) onto the marked holding cord and make 1 Reverse Larks Head knot with the marked working cord (pic. 34, 35).



Back to the previous working cord and start making Reverse Larks Head knot as pictured (pic. 36).

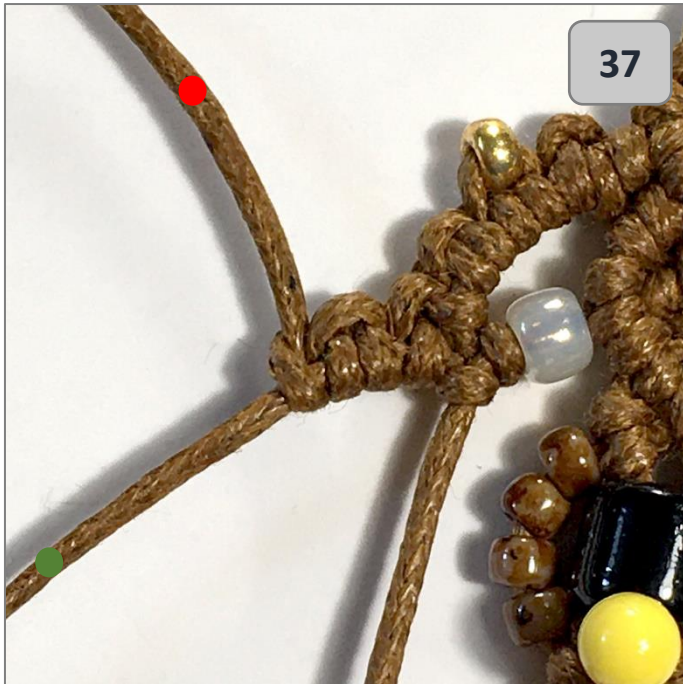




You need to make 2 Reverse Larks Head knot (pic. 37).

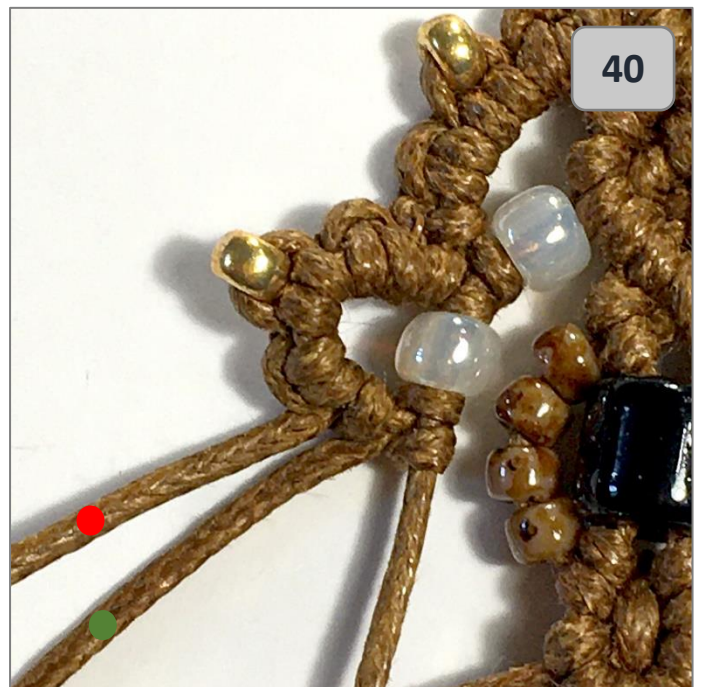
String 1 bead (size 8/0) and make 2 more Reverse Larks Head knots (pic. 38).

String 1 bead (size 6/0) onto the marked holding cord (pic. 38).



And make 1 Reverse Larks Head knot with the marked cord (pic. 39).

Tighten the knot firmly and push it to the bead closely. The second "arc" is finished (pic. 40).





Let's make the third "arc" – repeat steps 36–40. It should look like mine (pic. 41).

Then string 1 bead (size 6/0) onto the marked cord and make 1 Double Half Hitch knot as shown (pic. 42).



Let's finish the fourth "arc". Make 2 Reverse Larks Head knot, string a bead (size 8/0) (pic. 43) and make 1 more knot as pictured (pic. 44).





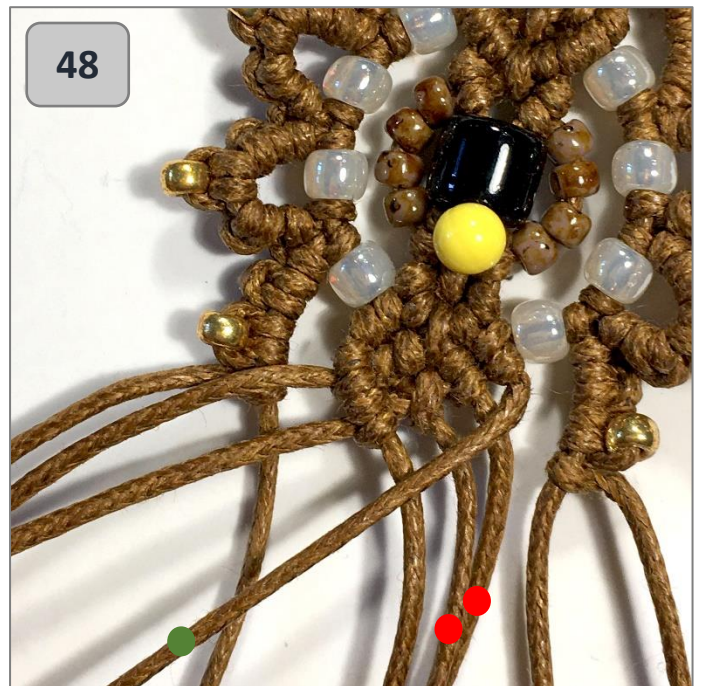
Repeat steps 29–44 for the right side of the pendant (pic. 45).

Then make a Double Half Hitch knot from both sides and a Reverse Double Half Hitch knot at the center as shown (pic. 46).



Take the marked holding cords (pic. 47).

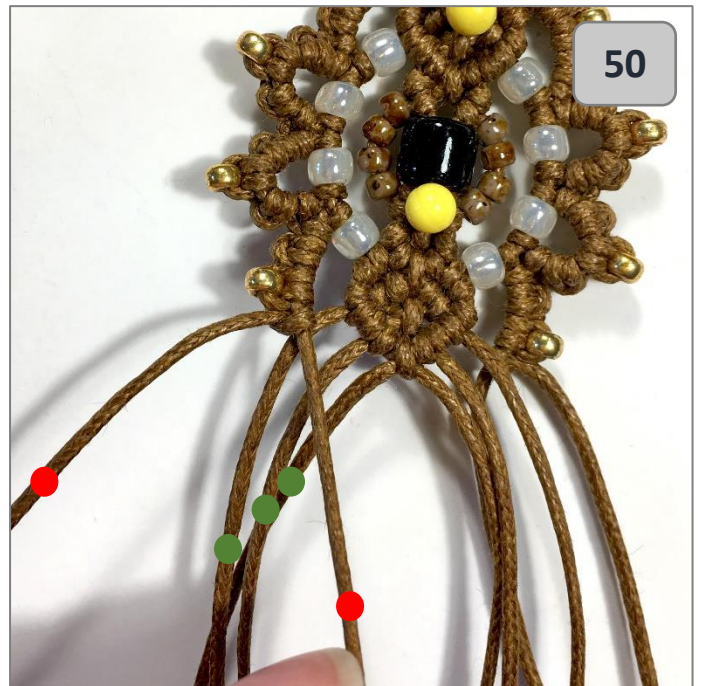
Make 2 Double Half Hitch knots from both sides and a Reverse Double Half Hitch knot at the center (pic. 48, 49).



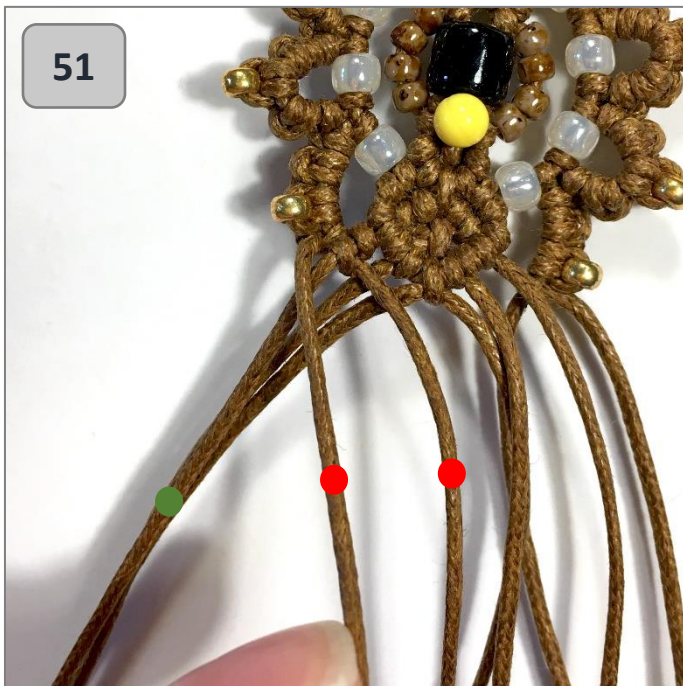


Your knots should look like these ones (pic. 49).

Then take two cords from your fourth "arc" from the left side (pic. 50).



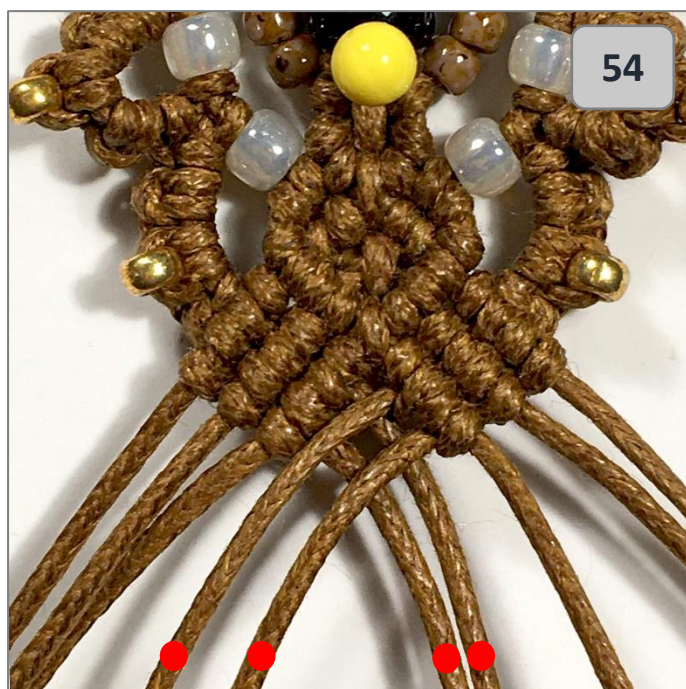
And start making Double Half Hitch knots as pictured (pic. 51, 52).





Continue making Double Half Hitch knots, they should look like mine (pic. 53).

Repeat steps 50–53 from the right side (pic. 54).



Make a Reverse Double Half Hitch knot at the center and 2 Double Half Hitch knots from both sides (pic. 55).

Make a Reverse Double Half Hitch knot at the center again (pic. 56).

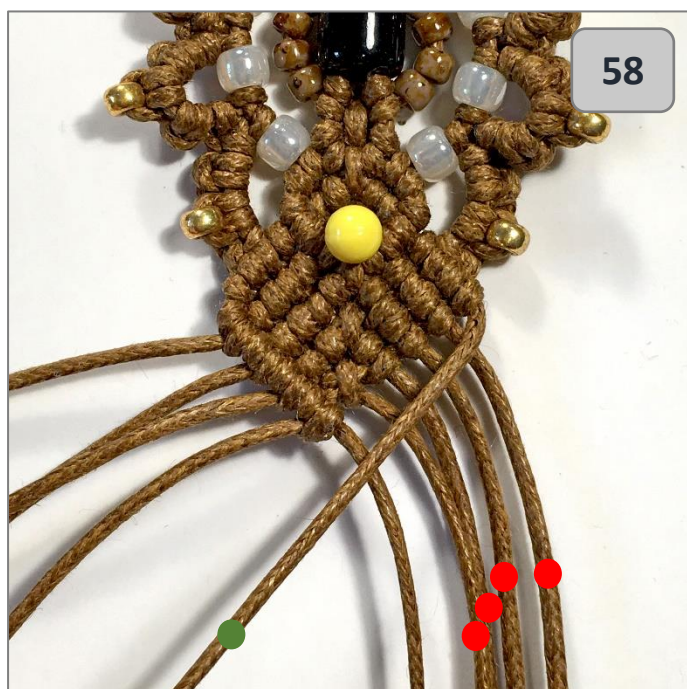
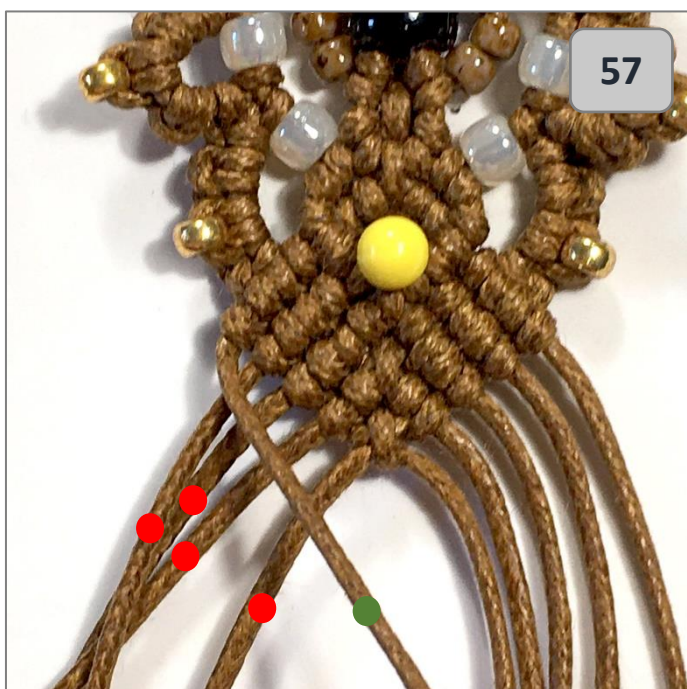




Take the marked holding cords (pic. 57).

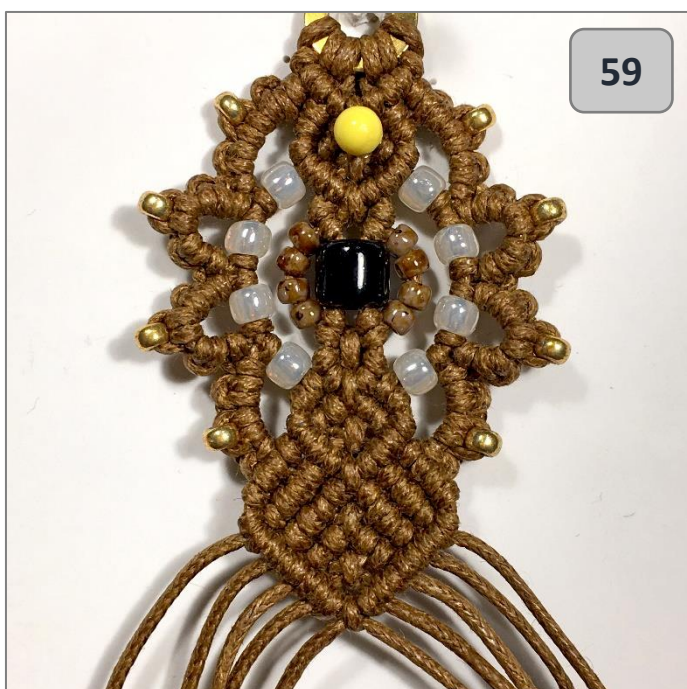
Make a row of Double Half Hitch knots as pictured (pic. 58).

Make the similar row of Double Half Hitch knots from the right side (pic. 58, 59).



Combine rows with a Reverse Double Half Hitch knot at the center (pic. 59).

If you want the pendant without a tassel (pic. 60, from the left), you will need fabric glue or any other glue that suits (I used clear silicone glue). Apply a small amount of fabric glue to the last rows of knots from the backside of your pendant. Let them dry. Then trim cords close to knots and dab the edges with fabric glue. Let them dry.



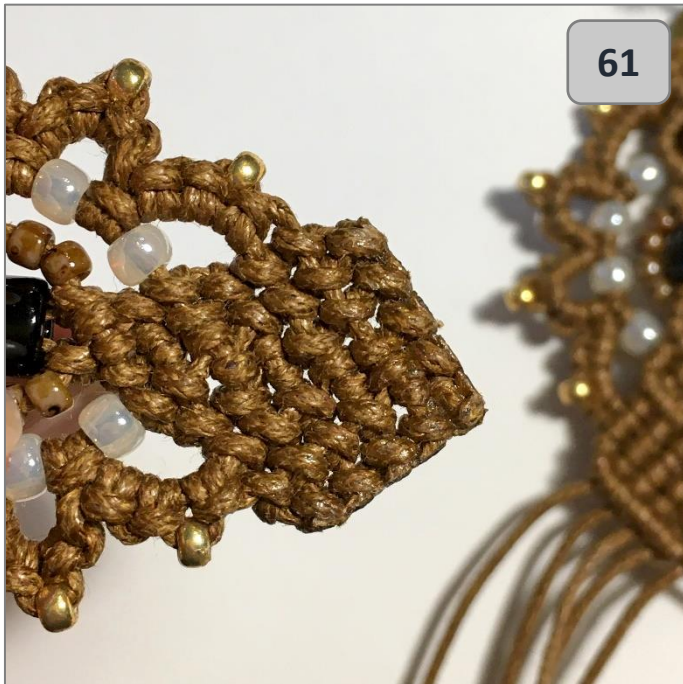


Alternative finishing method (*for experienced crafters* with meltable cords like nylon): Cut the cords, leaving about 1.5 mm of extra length beyond the final knot. Using caution and proper ventilation, carefully melt the cord ends with a lighter flame. Hold the lighter flame slightly away from the cord and gently melt the very tips until they become fused and blunt.

Also, you can leave the fringe and string some beads onto cords.

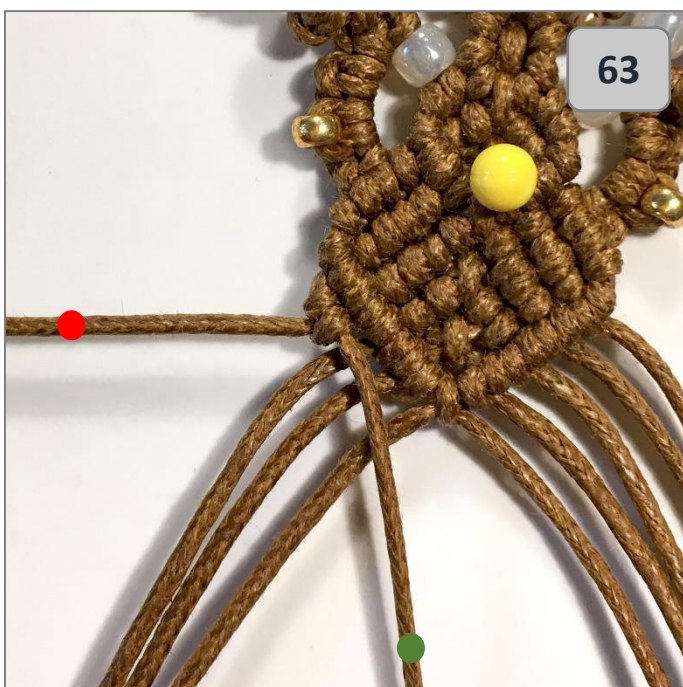
And if you want to make a tassel, follow the next steps 62–74.

Take the marked holding cord (pic. 62).



Make 1 Double Half Hitch knot as shown (pic. 63).

Take 2 marked holding cords (pic. 64).





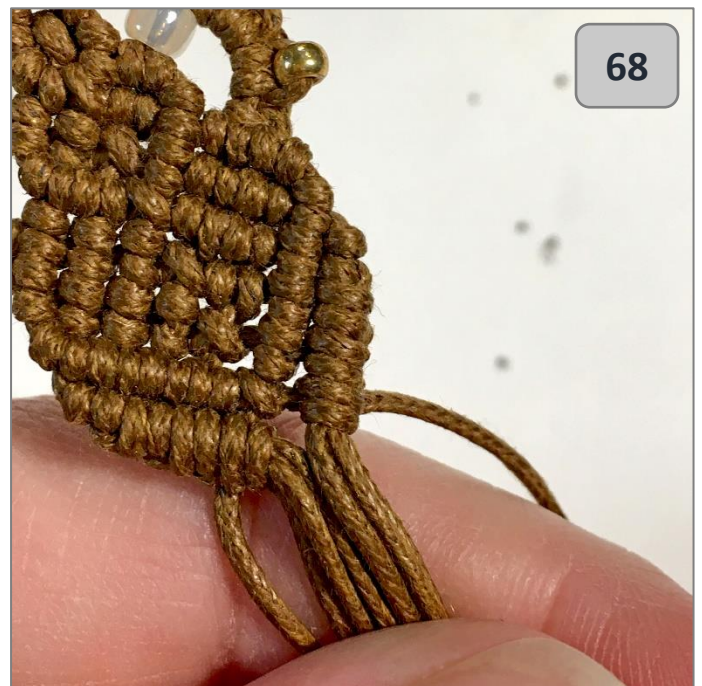
Make the second Double Half Hitch (pic. 65).

As you see, you need to hide each previous cord inside the next Double Half Hitch as pictured (pic. 66).



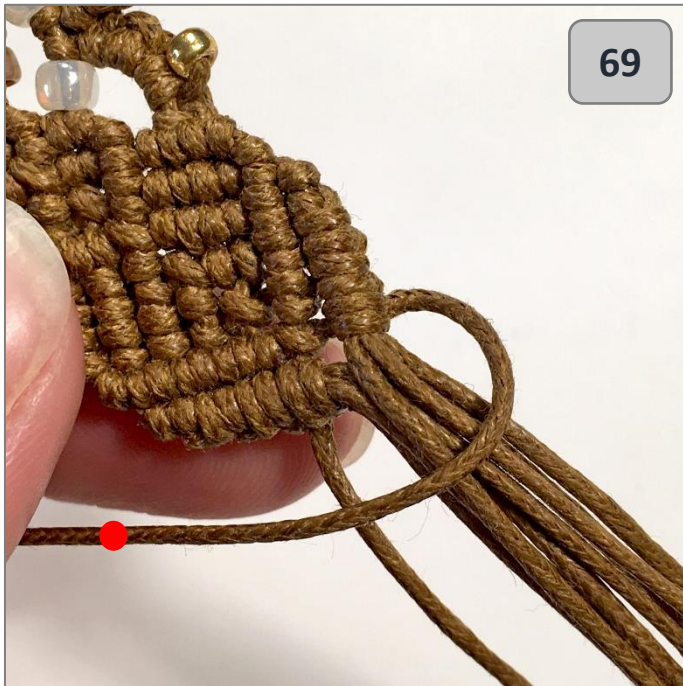
Make the similar row of Double Half Hitch knots from the right side. Both sides should look like these ones (pic. 67).

Take all pins out from your board (pic. 68).

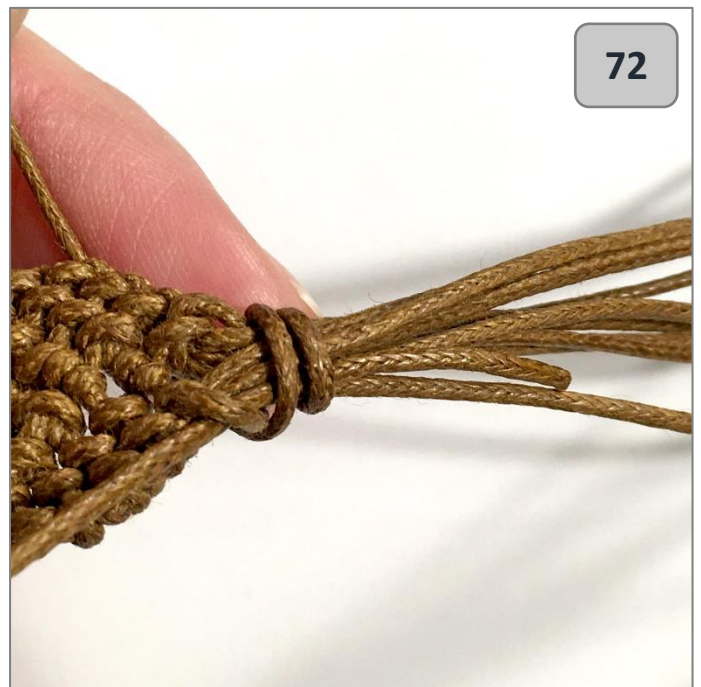
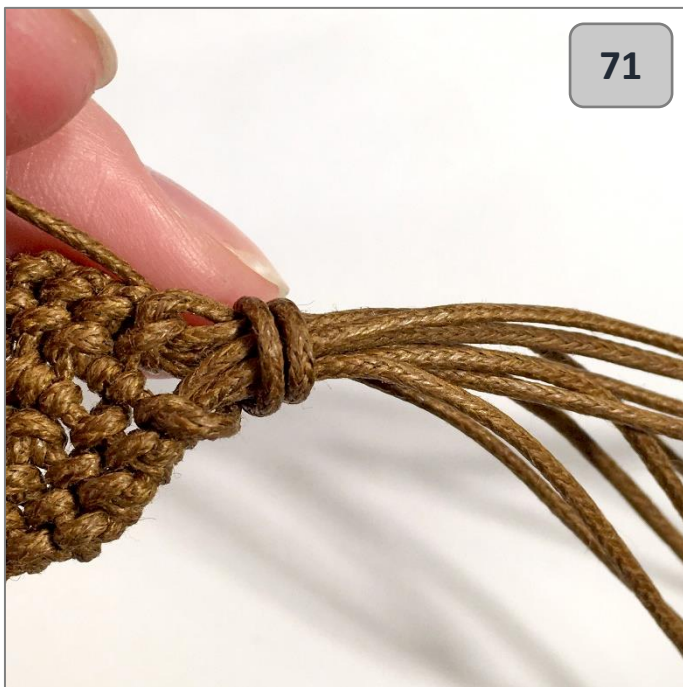




Take the marked cord and start winding it around the base of the tassel as pictured. Do not tighten too much (pic. 69, 70).

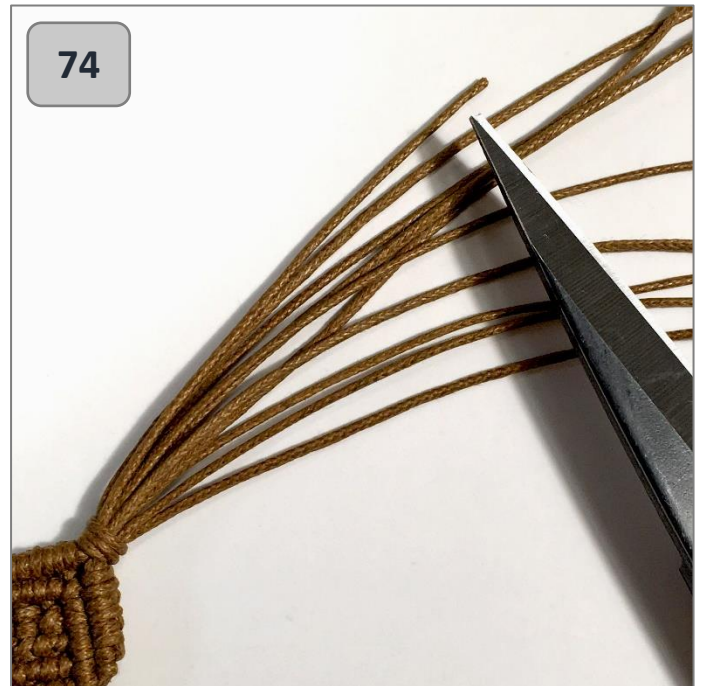


Pull the working cord into 3 loops (from the backside) as pictured (pic. 71, 72).



Continue pulling that cord and slowly tighten the loops. (pic. 73).

To determine the final tassel length, choose the shortest cord as your guide. Cut all the cords to match that length for a uniform tassel (pic. 74).



*My finished pendant*





*My finished earring*



*I sincerely hope that you had fun with this tutorial!*

*And that the pendant turned out cute!*

*Best wishes,*

*MartaJewelry*